

SAIN-LARY-SOULAN - LOURON VALLEY - VILLE-ENGALY

ARRÉU - BARROUSSE - BARROUSSE - CAPVERN LES BAINS

LAMENNEZAN AND BAISES - NILOTS - NILOTS - PAU-ENGALY

LAUNEGARDE - SOULAN - LOURON VALLEY - VILLE-ENGALY

The spirit of the Pays des Nestes

Cultural Activities

- CINEMAS & FILM CLUBS:**
 - THE GRAND RIO / C6
 - 9 Lannemezan
 - 3 cinema rooms. Opening planned for July 2024.
 - +33 (0)5 62 98 08 31
 - LE ARIKO / H6
 - 9 Loudenvielle
 - +33 (0)5 62 99 95 35
 - www.loudenvielle.fr
 - CINEMA AGNES VARDA / C5
 - 9 Capvern les Bains
 - +33 (0)5 62 39 00 54
 - LE LARY / H7
 - 9 Saint-Lary-Soulhan
 - www.facebook.com/CinémaLary
 - LA MAISON DU SAVOIR / DB
 - 9 Saint-Laurent-de-Neste
 - +33 (0)5 62 39 78 48
 - www.maisondusavoir.fr
 - L'ESPACE VALGORA / H6
 - 9 Loudenvielle
 - +33 (0)5 62 99 68 02 (mairie)
 - LE PARADISO AND THE AURE ASSOCIATION FOR THE ARTS / F6
 - 9 Sarriac-Bigorre
 - +33 (0)6 18 78 48
 - www.facebook.com/lesartsdaure
 - CHEZ LILY / H7
 - 9 Germ-Louron
 - +33 (0)5 62 39 23 03
 - www.lillygerm.com
 - LA SOULANE / G6
 - 9 Jézeaux
 - www.lasoulane.com
 - COMMUNITY CAFÉ: REMUE-MÉNAGES / D7
 - 9 Anères
 - +33 (0)5 62 39 79 38
 - remueménages-anères.org
 - LA BRASSERIE DES PICS / D8
 - 9 Saint-Laurent-de-Neste
 - +33 (0)5 62 39 30 95
 - www.brasserie-des-pics.fr
 - SORTIE 16 / C4
 - 9 Lannemezan
 - +33 (0)5 62 39 91 29
 - LA SIESTA / C6
 - 9 Capvern
 - Restaurant with party atmosphere
 - +33 (0)6 95 96 53 45
 - www.lasiesta65.fr
- LIBRARIES:**
 - LE VENT DES MOTS / C6
 - 9 Lannemezan
 - +33 (0)5 62 39 55 46
 - LE VAGABOND IMMOBILE / H5
 - 9 Arreau
 - +33 (0)5 62 39 84 46
 - BLE ET AURE / H5
 - 9 Saint-Lary-Soulhan
 - +33 (0)5 62 39 62 20

Historic Heritage

- LA MAISON DU PATRIMOINE / H5
 - 9 Saint-Lary-Soulhan
 - La Maison du Patrimoine invites visitors to discover the history, nature and heritage of the Pyrenees through its museum. Through the permanent exhibition, you can meet the people of the Pyrenees in a fun and interactive way. Temporary themed exhibitions complete the museum. An events area, a web lounge and a media library with Pyrenean collection, as well as a shop selling local products, round off the venue.
- CHÂTEAU DE MAUVEZIN / C4
 - 9 Mauvezin
 - Visit the castle of Gaston Fébus and explore medieval life, costumes, weapons, war machines, etc. Medieval activities in summer.
- OUTSIDE SCHOOL HOLIDAYS SCHEDULES, THURSDAY TO SUNDAY FROM 2PM TO 6PM
 - During school holidays from Tuesday to Sunday from 10am to 1pm and from 2pm to 7pm. During the autumn and spring half-term from Tuesday to Sunday from 2pm to 6pm. Closed from the end of the autumn half-term until the re-opening of the ski resort. During the school holidays, guided tours for families or groups on Wednesday mornings by prior arrangement.
- CAGOTS MUSEUM / G6
 - 9 Arreau
 - Discover the history of this marginalized community, with its unique destiny, as well as an exhibition retracing the life and savor-faire of our valley.
- LES CALADEJOU ABBEY / C4
 - 9 Bonnemazon
 - Exhibitions and activities - Multimedia tour. Park and gardens. Closed on May 1st, Christmas holidays and January.
- PAYS D'ART ET D'HISTOIRE (LAND OF ART AND HISTORY) / G5
 - 9 Vallées d'Aure et du Louron
 - Numerous guided tours and events throughout the year. Full programme at www.patrimoine-aure-louron.fr
- LESPIADET MARBLE QUARRY / F4
 - 9 Payolle
 - In the summer season, admission via the « Maison des Carriers » and self-guided tour of the marble quarry. Guided tour available every Monday. Site closed on Saturdays.

Sites with Free Access

For most medieval towers only access to the base of the tower is permitted.

- AVEZAC ET HÉCHETTES / D5
 - Towers.
- BRAMEVAQUE / F9
 - XIIth century castle of the Counts of Comminges. Accessible on foot from the park of the Maison des Sources in Mauléon-Barousse.
- GARGAS-NESTPLORIA / DB
 - Aventignan
 - The prehistoric caves of Gargas are known throughout the world for their hand paintings and are the only decorated caves in the Hautes-Pyrénées open to the public. The National Museum of Natural History has the permanent exhibition « Prehistoric Explorers » which allows young and old alike to discover archaeology. Step into the shoes of a prehistoric tribe with the collaborative video game « The Bison Tribe ». Picnic area and restaurant on site: www.grottesdegargas.fr
- MONTSERRÉ / D7
 - Oppidum and exhibition space. Protohistoric and Gallo-Roman site - Oppidum of Mont Ergé
- SAIN-LARY SOULAN / H5
 - XVth century tour d'Aiguë.
- TRAMEZAIGUES / H4
 - Castle from XIIth century.

Historic Routes

In Vallées d'Aure et du Louron, information plaques can be found at numerous sites and monuments in all 46 municipalities. The list of these plaques can be consulted on the Pays d'Aure et d'Histoire website www.patrimoine-aure-louron.fr

- +33 (0)5 62 98 81 50
- MAISON DES SOURCES / F9
 - Mauléon-Barousse
 - In the Barousse Valley, at the foot of the famous Bausse, come and explore the Maison des Sources: this eco-museum is a gateway to all the treasures of the valley, shaped by water from prehistoric times to the present day. Open every day from 15/03 to 15/10 and by reservation from 16/11 to 14/03. Find out more about the museum's activities and latest news at: www.maisondesources.net
- VILLES & PAYS D'ART & D'HISTOIRE

Religious Heritage

Sites with Free Access

Countless churches to visit. Regulated sites. Find out more from the Offices de Tourisme.

- ARAGONNET / H3
 - Chapel of the Templars from the XIIth century. UNESCO World Heritage Site as part of the Way of St. James.
- ARREAU / G6
 - Saint-Exupère chapel from the XIIth and XVIth centuries and the church of Notre-Dame from the XVth century.
- BOURISP / H5
 - Listed XVth century church with monumental paintings.
- EGET VILLAGE / H4
 - Romanesque church origin, with painted decorations, dating from the XIIth century.
- GALAN / B7
 - Saint-Julien de Brioude church, architecture mixing Romanesque and Gothic elements, medieval wall painting and 18th century altarpiece.
- JÉZEAU / G4
 - XVth century Saint-Laurent church, remarkable paintings and altarpiece, UNESCO World Heritage Site as part of the Way of St. James.
- LANNEMEZAN / C6
 - Church of Saint-Jean-Baptiste with a remarkable doorway and altarpiece, the work of the sculptor Soustre.
- LOURES-BAROUSSE / E10
 - St. Peter's Church with glass windows on the theme of religious life in the region [Saint-Barthélemy and Lourdes...]. Statue can be viewed by request at the presbytery.

Underground Heritage

- GOUFFRE D'ESPARRAS / E5
 - 9 Esparras
 - A listed and protected site notable for the size of its chambers and the beauty and profusion of its formations, in particular the aragonite crystals, the so-called stone flower. This crystal garden features an innovative LED lighting system.
- THE LABASTIDE PREHISTORIC CENTRE / E6
 - 9 Labastide
 - See historic heritage.
- GARGAS PREHISTORIC CAVES / D8
 - 9 Aventignan
 - See historic heritage.

Nature & Wildlife

- CHÂTEAU DE MAUVEZIN / C4
 - 9 Mauvezin
 - Visit the castle of Gaston Fébus and explore medieval life, costumes, weapons, war machines, etc. Medieval activities in summer.
- MOHAIR FAIR / H4
 - 9 Aulon
 - Guided tour to learn all about the Angora goat, the job of the breeder and how the wool is processed.
- OUTDOOR SPORTS RESORTS, FRIDAYS FROM 2PM TO 6PM, ONE-HOUR GUIDED TOUR ON WEDNESDAYS AND FRIDAYS AT 2PM, BY RESERVATION. AT ALL OTHER TIMES BY APPOINTMENT ONLY.
- BOIS DES CARTES TRAIL / E10
 - 9 Sarriac-Bigorre
 - Introduction to flora and fauna through educational tours, games for children and nature discovery tour.
- THE MAISON DE LA NATURE CENTRE / G4
 - 9 Aulon
 - Themed exhibitions, activities and trails with commentary.
- OUTDOOR SPORTS RESORTS, OPEN ALL YEAR ROUND WITH FREE ACCESS. TOURISME & HANDICAP LABEL.
- ESCALADE ABBEY / C4
 - 9 Bonnemazon
 - Exhibitions and activities - Multimedia tour. Park and gardens. Closed on May 1st, Christmas holidays and January.
- LE REPARÉ DES HUSKYS / G6
 - 9 Arreau
 - Le Repaire des Huskys offers you the opportunity to discover their little pack of dogs thanks to a 2-hour educational tour, divided into 4 main parts: a game to learn about sled dog petting, feeding, brushing and other care activities, observation and feeding.
- OUTDOOR SPORTS RESORTS, OPEN ALL YEAR ROUND.
- LES BELES DES FRICHES DISCOVERY FARM / F6
 - 9 Fréchet-Aure
 - 100% local and 100% natural! 2 min. from Arreau, a farm with a variety of animals, a village, come and meet Noix de Coco, Plumie, Piroquette, Myrtle, Neige and all the gang. Share a friendly moment with these lovable and mischievous animals. Learn while you play with an educational treasure hunt for young and old and discover the « eco-pasture village ».
- LES AIGLES D'AURE BIRD OF PREY CENTER / G4
 - 9 Arreau
 - Discover birds of prey in their own environment in a majestic show with commentary. Magique! Les Aigles d'Aure offers a one-day discovery course on birds of prey and falconry. Open from April to September from 2.30 pm. Show at 3.30 pm (and 5 pm in July and August).
- DEMIL-UNE LEISURE PARK / C6
 - 9 Lannemezan
 - Presentation of farm animals, llamas and an aviary. Pony rides and lots of games for children. Opening hours available on the website.
- GENOS AND MOULOR / H6
 - 9 Watchtower.
 - GALAN / B7
 - Fortified gate.
- MONTSERRÉ / D7
 - Oppidum and exhibition space. Protohistoric and Gallo-Roman site - Oppidum of Mont Ergé
- SAIN-LARY SOULAN / H5
 - XVth century tour d'Aiguë.
- TRAMEZAIGUES / H4
 - Castle from XIIth century.

Sports and outdoor activities

Guide books are available in the Offices de tourisme and qualified guides offer tours of the most beautiful areas. All information is available from the Offices de tourisme.

5 Winter Sport Resorts

Connections have been set up to access the resorts by public transport. For more information, contact Tourism Information Centers.

- PIAU ENVALY RESORT / H2
 - 9 Nature, 100% mountain
- THE HIGHEST RESORT IN THE FRENCH PYRENEES, WITH A SKI AREA FROM 1850M TO 2600M, 40 SLOPES OVER 125 HECTARES, AT THE GATEWAY TO THE PYRENEES NATIONAL PARK. THIS PEDESTRIAN RESORT OFFERS A WIDE RANGE OF SHOPS AND SERVICES FOR A CAR-FREE SKIING HOLIDAY. THE SKI AREA IS IDEAL FOR FAMILIES AND FREERIDERS ALIKE. A WIDE RANGE OF EXPERIENCES AWAITS: DOG-SELLING, SNOWSHOEING, SNOWTUBING... AND THE PIAU-PINETA NORDIC AREA: 22 KM OF RUNS AT THE GATEWAY TO THE ORDESIA NATIONAL PARK, CROSS-COUNTRY SKIING, SNOWSHOEING, ICE CLIMBING, SKI TOURING.
- NEW: Enjoy the new heart of the resort this winter. This summer will see the opening of new mountain bike and mountain trails from Arreau to the village and the carpet school, as well as a mountain bike trail linking the heart of the resort to the Fabian Bike Centre. A 4-star residence will open its doors in November 2024.
- SAINT-LARY RESORT / H4
 - 9 The charm of its village and its 3 ski areas. The largest ski area in the French Pyrenees with more than 100 km of slopes on 700 ha welcomes you to its 3 ski areas. From 1,700 m to 2,500 m, discover 59 runs for all levels!
- PEYRAGUDES RESORT / H7
 - 9 Zen-parking. 1,600 m to 2,450 m. 60 km of slopes with 50 runs. Touboggan run, ski touring and snowshoeing path, dog sled rides, discovery of the resort in a snow grotto, recreational sleds, paragliding on skis, fatbikes, giant zip line.
- VAL LOURON RESORT / H6
 - 9 The family resort, recommended by children who especially enjoy its beginners' area. 1,450 m to 2,000 m - 22 km of slopes with 20 runs. Touboggan run, ski touring and snowshoeing circuits, bungee trampoline.

Nature Tours to Explore the Pays des Nestes: Interpretation Tours

Nature Tours to Explore the Pays des Nestes: Interpretation Tours

- CLARABIGE BORG LISTED SITE / H6
 - 9 Val du Rioumajou / 14
- GOURGUE D'ASQUE (PARKING FEES APPLY) / C4
 - 9 Mountaineering theme trail / H4
- SARP WOOD AND BANKS OF THE RIVER OURSE / E10
 - 9 The natural and cultural heritage of Aulon / G4
- INTERPRETATION TRAIL OF THE PEAT-BOGS OF CLARENS / C7
 - 9 SAINT-LARY RESORT / H4
 - 9 The charm of its village and its 3 ski areas. The largest ski area in the French Pyrenees with more than 100 km of slopes on 700 ha welcomes you to its 3 ski areas. From 1,700 m to 2,500 m, discover 59 runs for all levels!
- LES AIGLES D'AURE BIRD OF PREY CENTER / G4
 - 9 Arreau
- DISCOVER BIRDS OF PREY IN THEIR OWN ENVIRONMENT IN A MAGICAL SHOW WITH COMMENTARY. MAGIQUE! LES AIGLES D'AURE OFFERS A ONE-DAY DISCOVERY COURSE ON BIRDS OF PREY AND FALCONRY. OPEN FROM APRIL TO SEPTEMBER FROM 2.30 PM. SHOW AT 3.30 PM (AND 5 PM IN JULY AND AUGUST).
- DEMIL-UNE LEISURE PARK / C6
 - 9 Lannemezan
- PRESENTATION OF FARM ANIMALS, LLAMAS AND AN AVIARY. PONY RIDES AND LOTS OF GAMES FOR CHILDREN. OPENING HOURS AVAILABLE ON THE WEBSITE.
- GENOS AND MOULOR / H6
 - 9 Watchtower.
- MONTSERRÉ / D7
 - OPPORTUNITY AND EXHIBITION SPACE. PROTOHISTORIC AND GALLO-ROMAN SITE - OPPIDUM OF MONT ERGÉ
- SAIN-LARY SOULAN / H5
 - XVth CENTURY TOUR D'AIGUË.
- TRAMEZAIGUES / H4
 - CASTLE FROM XIIth CENTURY.

Other Sites to Explore

- GRANGES DE GRASCOUEAU / G4
 - 9 Les Granges de Lurgues / G4
- BARROUDE LAKE AND CIRQUE DE BARROUDE / I2
 - 9 GRANGES DU Moudang / H4
- OULAK LAKE / H3
 - 9 Badet Valley / I2
- ORIENTATION TABLES OF THE POUY DE GUICHEN / F5
 - 9 The Pacts des Loops Trail / E5
- TRAILS ON THE BANKS OF THE RIVER NESTE FROM MONTOUSSOU TO HÉCHETTES / D7
 - 9 NISTOS CAP-NESTES NORDIC SKI RESORT (1600M) / F7
- GRANDE SOURCE DE FOUCHE / F9
 - 9 Gouffre de Souza / F9
- THE MONT ERGÉ TRAIL / D7
 - 9 Mont Erge Trail / D7
- PAPOYE LAKE / F4
 - 9 Agos Leisure Site / G5
- ESPARROS WATERFALL / E5
 - 9 Esparras
- NEUILLON REGIONAL NATURE RESERVE / G4
 - 9 Neuillon Regional Nature Reserve / G4
- MONTOUR REGIONAL NATURE RESERVE AND BORDÈRES LAKE / G7
 - 9 Montour Regional Nature Reserve and Bordères Lake / G7

Other Sites to Explore:

- GRANGES DE GRASCOUEAU / G4
 - 9 Les Granges de Lurgues / G4
- BARROUDE LAKE AND CIRQUE DE BARROUDE / I2
 - 9 GRANGES DU Moudang / H4
- OULAK LAKE / H3
 - 9 Badet Valley / I2
- ORIENTATION TABLES OF THE POUY DE GUICHEN / F5
 - 9 The Pacts des Loops Trail / E5
- TRAILS ON THE BANKS OF THE RIVER NESTE FROM MONTOUSSOU TO HÉCHETTES / D7
 - 9 NISTOS CAP-NESTES NORDIC SKI RESORT (1600M) / F7
- GRANDE SOURCE DE FOUCHE / F9
 - 9 Gouffre de Souza / F9
- THE MONT ERGÉ TRAIL / D7
 - 9 Mont Erge Trail / D7
- PAPOYE LAKE / F4
 - 9 Agos Leisure Site / G5
- ESPARROS WATERFALL / E5
 - 9 Esparras
- NEUILLON REGIONAL NATURE RESERVE / G4
 - 9 Neuillon Regional Nature Reserve / G4
- MONTOUR REGIONAL NATURE RESERVE AND BORDÈRES LAKE / G7
 - 9 Montour Regional Nature Reserve and Bordères Lake / G7

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Discoveries & Savoir-faire

Traditional Industrial and Pastoral Heritage

- MOULIN DES BARONNIES / D4
 - 9 Sarriac-Bigorre
- MOULIN DE SAUZAN / H6
 - 9 Saint-Lary-Soulhan
- MOULIN DE SAUZAN / H6
 - 9 Saint-Lary-Soulhan
- MOULIN DE SAUZAN / H6
 - 9 Saint-Lary-Soulhan
- ARIXU MUSEUM SPACE / H6
 - 9 Loudenvielle
- LA MÉTIERRE D'AURE / H3
 - 9 Aragnouet
- LA BROCHE DU LOURON / H6
 - 9 Loudenvielle
- LA MISON SEIGNOU / H5
 - 9 Azet

Gastronomy

- MOULIN DES BARONNIES / D4
 - 9 Sarriac-Bigorre
- MOULIN DE SAUZAN / H6
 - 9 Saint-Lary-Soulhan
- MOULIN DE SAUZAN / H6
 - 9 Saint-Lary-Soulhan
- MOULIN DE SAUZAN / H6
 - 9 Saint-Lary-Soulhan
- ARIXU MUSEUM SPACE / H6
 - 9 Loudenvielle
- LA MÉTIERRE D'AURE / H3
 - 9 Aragnouet
- LA BROCHE DU LOURON / H6
 - 9 Loudenvielle
- LA MISON SEIGNOU / H5
 - 9 Azet

Watermills

- MOULIN DE LA MOUSQUÈRE / H5
 - 9 Sallent
- MOULIN DE SAUZAN / H6
 - 9 Saint-Lary-Soulhan
- MOULIN DE SAUZAN / H6

KEY

 Cultural Visits

- Casino
 - Cinémas
 - Concert venues
 - Libraries

 Nature & Wildlife

- ## • Nature discoveries

 **Historic Heritage**



Religious Heritage

- Underground Heritage
 - Discoveries & Savoir-faire
 - Industrial, traditional and pastoral heritage
 - Water mills

Fitness & Wohlbefinden

- Swimming pools
 - Thermal baths
 - Spa resorts

Sports & Outdoor Activities

- Climbing / Treetop course
 - Horse riding
 - Golf
 - White water, water leisure sites
 - Hang gliding, Paragliding,
Hot air ballooning
 - Fishing: no-kill areas, activities
 - Sporting trails
 - Trail running routes



Mountain biking

 **Viewpoints**

Heritage

-  The Way of St James
 -  Iconic highlights
of the Grands Sites Occitanies
 -  Historic monument
 -  Listed site
 -  Pays d'Art et d'Histoire
of Vallées d'Aure et du Louron
 -  Listed as UNESCO World Heritage
as part of the Way of St James

Practical info

-  SNCF Railway station
 -  Office de tourisme
 -  Information point
 -  Motor home area
 -  Altiport
 -  Refuge
 -  Buses to ski resorts
 -  Tunnel
 -  Cable car and chair lift
 -  Recharging point for electric vehicle
 -  E-bike
 -  Famille Plus site
 -  Ski resort
 -  Green resort

Map info

- Motorway
 - Main road
 - Secondary road
 - V81 Cycle route
 - V82 Cycle route
 - GR walking trail
 - River
 - Pays des Nestes Boundaries
 - Border
 - National Park/ Nature Reserve
 - Town
 - Peak
 - Hill
 - Junction
 - SNCF Railway network

