



Portraits of women producers





# Les Savons des Hadets

Cathy Lemonnier

Vielle-Louron



In Vielle-Louron, Cathy Lemonnier founded Les Savons des Hadets, an artisan soap factory where each product is made with respect for nature and traditions.

Located in the heart of the valley, she makes cold-processed soaps from local and organic ingredients, giving priority to plants, oils and natural essences from the mountains.

Her workshop stands out for its authentic know-how, rooted in the territory, combining ecology, well-being and creativity.

With her skin-friendly and environmentally friendly creations, Cathy embodies a new generation of committed producers, proud to promote the local riches of Louron.

She also offers free soap-making demonstrations from 2.30pm to 3.30pm on Wednesdays and Fridays in summer and on Fridays in winter.



# Contact

Tel: 06 72 41 64 83

Email: savonsdeshadets@gmail.com

WWW.SAVONSDESHADETS.FR

Direct sales: Monday, Wednesday and Friday from 3:30 p.m. to 6:30 p.m. At local markets: Arreau, Saint Lary, Loudenvielle (school holidays)

# Les Savons d'Aure

Katy Carrère

Arreau



Katy Carrère offers workshops on making handmade soap.

In her laboratory, you will learn how to make your own soap. Step by step, you will discover the entire design process, from choosing ingredients to cold saponification.

You will be able to handle all the ingredients that make up a soap (raw materials, oils, etc.), choose your fragrances, weigh and mix your products to obtain optimal hydration for your skin. You will leave the workshop with a bar of soap (1.5 kg) tailored to you, your manufacturing recipe and your

methodology.

You will leave the workshop with a bar of soap (1.5 kg) tailored to your needs, your manufacturing recipe and your methodology. Groups of 4 people maximum. Open to everyone aged 16 and over.



# Contact

Tel: 06 22 77 85 55

Savonsdaure@gmail.com

HTTPS://WWW.SAVONSDAURE.COM/

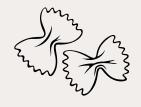
Direct sales: Monday to Saturday, 9:30 a.m. to 12:30 p.m. and 3:30 p.m. to 7:00 p.m.

Sales at local markets: Arreau and Vielle Aure (summer holidays)

# La Pasta di Nina

Nina Liégois

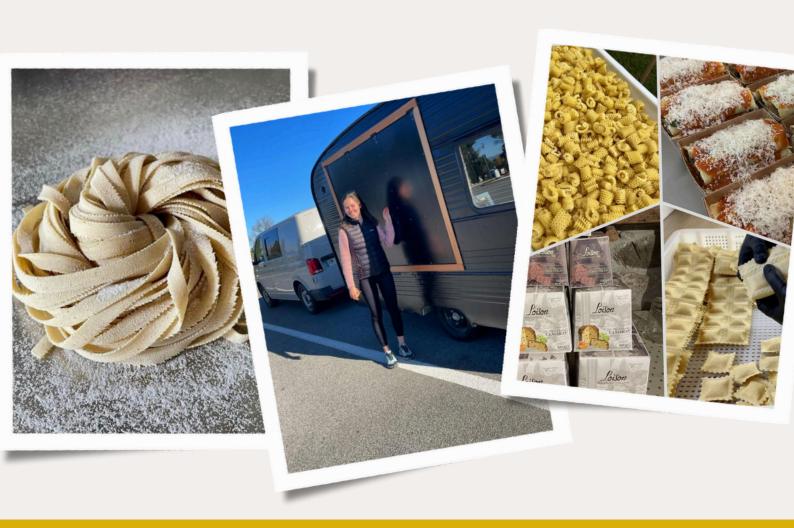
# Sailhan



Located in Sailhan, La Pasta di Nina offers 100% homemade fresh pasta, carefully prepared according to traditional methods and respecting local flavours.

It produces ravioli and fresh pasta, ready-made dishes (lasagnas in various flavours: Bigorre black pork, mushrooms) and desserts: coffee tiramisu or chocolate mousse.

These tasty creations are sold directly to locals and visitors at local markets.



# Contact

Tel: 06 87 65 70 81

# Les Chèvres de Jézeau

Amélie Lahorgue

Jézeau



In Jézeau, Amélie Lahorgue raises Pyrenean goats (a rustic, heritage breed) to produce authentic artisanal cheeses—crottins, faisselles, lingots, fromage blanc—which are sold directly and are highly prized in local markets.

Established in 2013, she practises a form of agriculture that makes the most of her animals' milk and contributes to the preservation of mountain know-how.

Her farm, which is part of the traditional agro-pastoralism of the Aure and Louron valleys, embodies a sustainable approach rooted in the landscape.



# Contact

Tel: 06 68 71 33 32 Email: alahorgue@free.fr

# La Chèvrerie de Gouaux

Stéphanie Grave-Dhérin

Gouaux



Originally from northern France, Stéphanie arrived in the mountains in the mid-1990s, in the Eastern Pyrenees, after completing her accounting studies.

Her personal history and the encounters she had led her to change the course of her life. She returned to study agricultural science as an independent candidate 30 years after her scientific baccalaureate and, a year later, bought the goat farm in Gouaux.

Visitors can watch the milking at 6 p.m. and taste the cheese.

She makes fresh cheeses every day, which are matured over several days to offer different degrees of maturity (fresh, creamy or dry), as well as tomme (made mainly in late winter and spring), flavoured cheeses and spreadable cheeses (goat's cheese on toast).

This year, he has tried making tomme with wild garlic, and the result has been very satisfactory! It will be available at the stall during the next lactation period.



# Contact

Tel: 06 22 98 08 90 / Email: lachevreriedegouaux@gmail.com

HTTPS://WWW.LACHEVRERIEDEGOUAUX.FR/

Direct sales: Monday, Tuesday, Wednesday, Friday and Sunday.

Holidays: from 11:00 to 12:30 and from 16:30 to 19:00. Outside holidays: from 11:00 to 12:00

and from 17:30 to 19:00.

# Le Rucher de Malou

Malou Février

Bordères-Louron



Malou Février, 53, is a beekeeper and layer hen farmer in the Louron Valley.

Founder of Rucher de Malou, she produces honey, organic eggs and handmade raspberry and honey jam. The hives are mainly located in Bordères-Louron and the surrounding area, where she strives to respect the natural environment as much as possible.

After starting beekeeping in 2009, she expanded her activity in 2022 by launching into laying hen farming, always with an ethical and environmentally friendly approach.

Before embarking on this adventure, she was a social worker, but the desire to lead a lifestyle closer to nature led her to change course. Her husband, a mountain guide, wanted to settle in the Pyrenees, which gave her the opportunity to reinvent herself.

Today, she feels fully fulfilled by this activity, which not only allows her to offer quality products to consumers, but also to contribute to the protection of the environment.



# Contact

Tel: 06 19 63 15 71

Email: malou.fevrier@gmail.com

Direct sales: Every day during the season, from 5pm to 8pm

Sales at local markets: Loudenvielle (Christmas and February holidays) and

Bordères-Louron (Sundays during the summer holidays)

# La Miellerie de Aulon

Guylaine Revel

Aulon



A private ski instructor and beekeeper with many passions, Guylaine Revel is also a certified Chinese medicine therapist and acupuncturist.

With her wealth of experience, she will help you restore your well-being and find serenity by controlling your energy through therapeutic massages near Saint-Lary-Soulan, which she performs directly in her home.

Guylaine offers you a sweet and delicate mountain honey that can accompany your sweet and savoury dishes and desserts, as well as royal jelly, propolis and natural antibiotics harvested by bees.

A wide range of honey, propolis and pollen soaps are also available for the pleasure of your skin.



# Contact

Tel: 06 99 18 88 10

Mail: massageschinois@laposte.net

HTTPS://GUYLAINE-MASSAGE-CHINOIS.COM/

Direct sales on site

# La Chèvrerie de Mohair

Céline Chemla

Aulon



Céline Chemla, angora goat breeder in Aulon, a small village nestled in the heights of the Aure valley.

Since 2017, she has been producing mohair, an exceptional fibre from her goats' coats. Every year, her animals are carefully sheared and the wool collected is sent to France to be spun and transformed into high-quality products. As a breeder, she ensures that her goats are provided with a healthy and natural environment, grazing on rich, preserved pastures.

Her commitment is to offer a noble material, produced in a respectful manner, respecting traditions and the local environment. Angora goats, native to Asia Minor, are famous for the fineness and softness of their wool. The ones she breeds enjoy optimal living conditions that guarantee high-quality mohair fibre. Breeding is above all a passion, in which each stage of the process is carried out with care and respect. From grazing to shearing, every gesture is designed to ensure the well-being of her animals and the quality of the mohair she offers.

Today, she is proud to perpetuate this tradition and to share unique products, the fruit of her craftsmanship.



# Contact

Tel: 06 21 02 87 37

HTTPS://WWW.MOHAIR-AULON.COM

Direct sales: On the website

Shop From 3pm to 6pm Holidays: Tuesday to Friday June and September: Friday

# Capi l'atelier

Camille Agard

### Arreau



Camille Agard, originally from Toulouse, developed a passion for pottery after studying at the Duperré school. After founding the Capi workshop in Thiers, she set out on a walking tour of France, which eventually led her to settle in the Hautes-Pyrénées, between the Aure and Louron valleys.

Today, she finds serenity and inspiration in this region where nature is omnipresent. Her workshop-shop is now located in Arreau, where she passionately crafts her handmade pieces. As a potter, Camille creates moulded cups, bowls, plates, glasses and bottles, which she sells directly from her workshop. She works with stoneware for its rusticity, but softens her pieces with touches of delicate engobes and glazes.

Her talent and poetic approach have enabled her to collaborate with renowned gastronomic establishments, such as the restaurants L'Erassens and L'auberge des Aryelets, renowned for their quality. Her creations, both functional and aesthetic, add a unique touch to these exceptional tables.



# Contact

Tel: 06 16 06 56 52

HTTPS://WWW.CAPILATELIER.FR/

Direct sales: No fixed hours, by appointment in the 'Contact' section of the website.

# Maroquinerie Voilà

Alexandra Philippe

Arreau

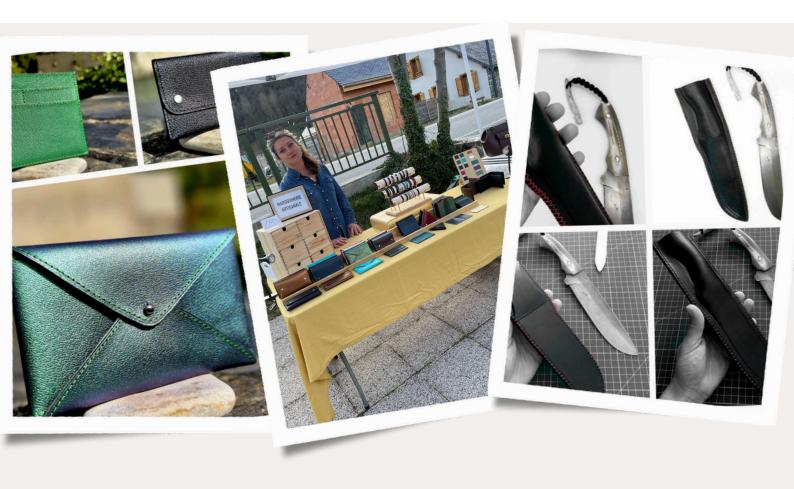


Passionate about leatherwork, leather goods maker since 2018.

She trained at the Compagnons du devoir in Marseille. She set up her business in 2023 and today creates understated, authentic items, full of colour, using leather from French tanneries for its quality and proximity. She makes small leather goods from vegetable-tanned goatskin, handbags, card holders, purses, glasses cases... and offers to make all kinds of customised items: bags, knife cases, tool cases...

It manufactures belts from vegetable-tanned cowhide leather and only makes custom-made items. It is particularly interested in repairing leather goods (handbags, belts, jackets) to encourage people not to throw them away and to give a second life to items that have already served their purpose.

Workshops on making leather goods are offered on different occasions.



# Contact

Tel: 06 89 26 79 80

Shop: Monday, Tuesday and Thursday, from 9:00 to 16:00 Wednesday and Saturday: from 14:00 to 18:00 Sale at local markets: Arreau and Saint Lary

# Marelha

Sarah Langner





In Jézeau, La Soulane, the third eco-creative and cultural centre in the mountains, welcomes Sarah Langner, director of Marelha, an eco-responsible textile development agency.

Passionate about wool and local natural materials, Sarah transforms this resource into unique creations through her brand Pyloow: cushions, blankets and innovative objects, such as eco-friendly buttons.

She embodies an approach that combines tradition, innovation and sustainable development, promoting the potential of local sheep and devising solutions for an environmentally friendly textile future.



# Contact

Tel: 06 62 37 84 13

HTTPS://MARELHA.COM/

Showroom/Shop open by appointment

# L'herboristerie Bohème

Mayalène Roussel

Ilhet



L'Herboristerie Bohème is a project by Mayalène Roussel that was born out of a passion for medicinal plants, but above all for nature and our beautiful planet Earth.

The daughter of farmers, it is also the story of a return to the land, driven by a visceral need to reconnect with it and to reconnect with oneself through taking charge of one's health.

Her crops are located in the Hautes-Pyrénées (65), in the Aure Valley, and another part in the small sunny department of Gers, between Toulouse and the Hautes-Pyrénées. She also practises wild harvesting near her home, in preserved areas in the mountains.



# Contact

Tel: 06 11 64 31 59

HTTPS://LHERBORISTERIEBOHEME.FR/

Online sales on website + in various shops

# Laety Plantes en Aure

Laetitia Pouvesle

Grézian



Lætitia has always been drawn to plants and the natural environment as a whole.

Previously a technician at a design office specialising in waterways and sanitation networks, she moved to the Aure Valley eight years ago, where she worked for various employers in a range of fields (bakery sales, municipal officer, etc.).

Since 2022, she has turned her attention to growing plants: two seasons of market gardening and a distance learning BPREA course with internships, which enabled her to make some wonderful professional and personal connections and bring her aromatic plant growing project to fruition.

So, in the spring of 2025, she moved to a plot of land loaned to her in Grézian, where she grows organic aromatic plants and edible or decorative flowers, from seed to harvest.

She sells her produce fresh and also dries it in a plant-friendly solar dryer to offer dried herbs for use in cooking or infusions.

For the moment, she sells her produce at the markets in Arreau and Saint-Lary. She does not yet offer garden tours, but is considering doing so in the coming years.



Contact Tel: 06 49 30 91 91

Mail: laetypo@gmail.com

# L'atelier de Karina

Karina Pedersen

## Bourisp



Karina is Danish and has been living in the valley for 30 years.

She did a lot of odd jobs until one day she decided to explore her creative side. She then started working with various materials such as wool, fabric and sculpture.

What she enjoys is creating with all these forms of creativity, experimenting with her ideas.

She exhibits her creations in her studio.



# Contact

Tel: 06 80 01 52 63

Mail: karina.pedersen@hotmail.fr

HTTPS://LATELIERDEKARINA.FR/

# L'Epingle Séduisante

### Maria Tubio

### Avajan



L'épingle Séduisante is a sewing workshop in Avajan.

Maria welcomes you to her creative space to make your bespoke clothes.

Depending on your needs, she creates personalised textiles for men, women and children.

Discover her zero-waste, economical and eco-friendly products.

She customises your clothes according to your wishes.

Adding beads, rhinestones, patches... She will enhance your old clothes!

Ask her to make you an elegant and glamorous dress, for example.

She also creates bespoke shirts, trousers, skirts and jackets.

With 10 years of experience and a passion for fashion, her creations are impeccably finished.

She will transform your worn-out clothes into stylish, contemporary designs.

She is also available to create curtains, sheets, cushions and more.



# Contact

Tel: 06 23 79 50 09

HTTPS://WWW.LEPINGLESEDUISANTE.FR

Sales and service requests by telephone

Sales at local markets: Arreau, Saint Lary and Bordères-Louron (summer holidays)

# Camille.R Camille Romero

### Aragnouet



This is Camille, the creative mind behind these nature-inspired wall decorations. Nature isn't just a theme for her; it's part of her essence, or perhaps it's the other way around!

A few years ago, she followed her childhood dreams by moving to the Pyrenees. It was here that she met her life partner. Together, they have two children, whose wonder at her creations was the spark that prompted her to share them with the world.

Professionally, she is a true jack-of-all-trades, evolving with the seasons. In winter, her life is marked by white, where she works as a ski patroller with her faithful companion Soum, an avalanche dog who accompanies her on the slopes.

The rest of the year, she immerses herself in a colourful world of painting and drawing.

In spring and autumn, she juggles decorative creations and painting commissions. In summer, she shares her passion for cyanography during workshops in the Aure Valley. Each season brings its own inspiration, and she strives to capture some of the wild beauty that surrounds her in her works.

Her dog Hinèou even inspired a children's book that she wrote, illustrated and self-published about the work of avalanche dogs.



# Contact

Tel: 06 80 42 52 69

HTTPS://WWW.CAMILLEROMERO.FR/

Online sales on the website

Sales at local markets: Piau Engaly and Saint Lary night market (summer holidays),

Nature Festival in Aulon

# <u>Our destination magazine</u>

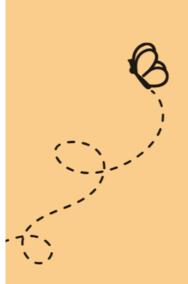


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#saintlary











#vallouron



